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# *Crystal Heart Gala 2004*



## **Introduction**

*The American Heart Association of Sedgwick County is pleased to introduce the 2004 Sweetheart class.*

In April, a letter was sent to every high school, both private and public in the Metro area. Over sixty girls were nominated and twenty were chosen. These twenty young ladies were selected after a long process of being nominated by the school they attend. Our goal is to have every school in the Metro area represented – this year we have participants from 10 schools.

The Sweetheart Program is geared towards Sedgwick County High School sophomores who are interested in becoming involved in their community, volunteering their time, and making lifelong friends. The Sweetheart Program kicks off each year in August with a Get-Acquainted Party for the young ladies and their mothers and continues through April with one scheduled activity each month. The highlight of the year is the presentation of the Sweethearts at the annual Crystal Heart Gala, held the first Saturday in February. Each young lady is presented by her father and recognized as a volunteer of the future. This recognition is shared and celebrated with over 600 guests in attendance.

The Sweetheart Program was introduced in 2000-2001 and was implemented by Peggy Duick and Dawn Barrack. Now in its 3rd year, it has become a well known program in the community. This year, we are pleased to announce that through the program fees and participation in the Father Daughter Teleparty, the Sweetheart Program has raised over \$50,000 for the fight against heart disease and stroke.

If you know of any young lady who will be a high school sophomore during the 2004-2005 school year and may be interested in next year's Sweetheart Program, please contact the American Heart Association.

*Peggy Duick*  
Peggy

### ***Sweetheart Participant Prerequisites:***

- ♡ She must be a sophomore in the current school year
- ♡ She must demonstrate a "heart healthy" lifestyle and be a nonsmoker
- ♡ She must demonstrate leadership qualities and responsibility towards keeping commitments
- ♡ She must demonstrate values in educational goals
- ♡ A financial commitment must be fulfilled